



Lindley Dental

Caring for your smile



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## Our Guide to

# Full Dentures

*Dentures are provided by your dentist to replace missing teeth. Some people call them “plates” or “false teeth”.*

### Introduction

Having a new denture made is a team effort involving the dentist, the dental technician and yourself. A denture may be required for cosmetic reasons and to enable you to enjoy your food. It is important for you to decide what you want from your new teeth and discuss it fully with your dentist. Dentures can be made to replace as little as one tooth or to replace all your teeth — a full set.

### The Denture Process...

To make dentures takes the dentist about four visits:

**Visit one** – The dentist takes an impression (mould) of both upper and lower jaws.

**Visit two** – Using models made by the dental technician from the impressions, and some wax blocks, the dentist records the way you bite. You help the dentist choose the type, shape and colour of teeth you want for your denture. Prices will vary according to the quality you choose. A second impression is often taken, this is done in a custom made tray. This helps to get an accurate fit for your dentures.

**Visit three** – This is the ‘try-in’ stage when the denture is made with a wax plate so that you can see if you are happy with the appearance of your teeth and the dentist can check your bite. This is a very important stage to get your looks just right so you can bring someone with you if you need a second opinion. Anything that you are not happy with can be changed at this stage. This stage can be repeated until you are happy with your teeth.

**Visit four** – This is the final visit when your new teeth are fitted. The dentist makes sure you are comfortable with them before you take them home to try them out.

**Adjustments** – Just like a new pair of shoes your teeth may need some “wearing-in” and a little time for you to get used to them. However new teeth may rub and cause ulcers; if this is the case we like to see you as soon as possible in order to make you comfortable. Please ring the surgery first thing in the morning and we will endeavour to see you the same day – a minor adjustment by us can make a big difference to you.

*Continued overleaf...*

## Our Guide to Full Dentures

### Immediate dentures

These are not a different type of denture but a different type of treatment. If you are in a situation when you are going to lose a tooth but it is unacceptable for you to have a gap for any length of time, then an immediate denture maybe constructed. An impression is taken before you lose your tooth and the technician makes a plastic denture with the replacement tooth / teeth on it.

When you see your dentist to have the tooth removed the new denture is fitted as the same visit, so you don't have a gap at any time. This is especially recommended if a front tooth is to be lost. Sometimes if the tooth which is to be lost does not show it is better to wait for the gum to fully heal and reshape itself before having a denture made - this way the denture will last longer.

Immediate dentures are temporary dentures, they are designed to last about six months whilst your gum heals and reshapes. You will then need a new denture or even a bridge to replace the immediate denture. Immediate dentures lose fit very rapidly as your gum changes shape and are a stop gap treatment.

### Types of full denture

These dentures replace all your teeth and are made out of a natural looking pink plastic with a choice of teeth to suit your cosmetic requirements.

**B.P.S dentures** – This is a branded denture system that only suitably registered dental laboratories are able to use. It is designed for discerning quality conscious patients. The teeth come in a wide array of moulds and reflect natural tooth shapes. The denture base is strong and is injection moulded for an accurate fit.

Full set (upper and lower) £600  
Half set (upper or lower) £405

**Deluxe dentures** – These have high quality teeth that are more cosmetic and very hard wearing. Again high strength plastic used. The palate can be made in clear plastic if required.

Full set (upper and lower) £490  
Half set (upper or lower) £350

**Standard dentures** – These have standard quality teeth. The gum work is in a strong plastic and is contoured.

Full set (upper and lower) £430  
Half set (upper or lower) £325

A metal palate can be provided in all of the above if your bite is particularly strong and you tend to break dentures. This will incur an extra cost.

Please Note: Prices are intended as a guide and may be subject to change without notice.

